



**VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**  
**(Deemed to be University under section 3 of the UGC Act 1956)**

**Ph.D Entrance Test – November – 2025**

**Faculty of Arts & Science / Clinical Psychology**

**Instructions / Note:**

1. Answer all the questions. Each question carries one mark.
2. No negative marks for wrong answers.
3. Read each question carefully and answer in the OMR sheet provided for each question with only blue/ black pen to fill the circles in the OMR Sheet.
4. Question number 1 - 35 questions belong to Research Methodology component and Question number 36-70 questions belong to the subject at PG level
5. Return the question paper along with the OMR sheet.

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36. The Global Assessment of Functioning (GAF) scale, which assessed a person's overall psychological, social, and occupational functioning, was a prominent feature in which DSM version?
- A. DSM-IV-TR
  - B. DSM-V
  - C. DSM-VI
  - D. DSM- III
37. When conducting a mental status examination (MSE), assessing a patient's ability to concentrate, sustain attention, and shift focus is most closely related to evaluating \_\_\_\_\_
- A. Memory
  - B. Thought content
  - C. Perception
  - D. Cognition
38. In the context of dementia, what does the term "apraxia" refer to \_\_\_\_\_
- A. Memory loss
  - B. Difficulty with language and speech
  - C. Inability to recognize familiar objects or people
  - D. Impaired motor skills and coordination



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39. In the assessment of delirium, which of the following features distinguishes it from other cognitive disorders such as dementia?
- A. Gradual onset and progressive course
  - B. Fluctuating levels of consciousness and attention
  - C. Severe and irreversible memory loss
  - D. Absence of hallucinations and delusions
40. The term "schizophrenia" was coined by \_\_\_\_\_
- A. Eugen Bleuler
  - B. Sigmund Freud
  - C. Emil Kraepelin
  - D. Philippe Pinel
41. A person believes that their internal organs are deteriorating or not functioning properly, despite medical evidence to the contrary. This delusional belief is categorized as \_\_\_\_\_
- A. Persecutory delusion
  - B. Nihilistic delusion
  - C. Grandiose delusion
  - D. Somatic delusion
42. In the context of mania, an extreme emotional state characterized by intense pleasure, heightened arousal, and a sense of transcendence beyond ordinary experiences is most appropriately termed \_\_\_\_\_
- A. Elation
  - B. Euphoria
  - C. Ecstasy
  - D. Exaltation
43. According to the DSM-5 criteria for major depressive disorder (MDD), how long must depressive symptoms persist to meet the duration criterion for a major depressive episode?
- A. At least 1 week
  - B. At least 2 weeks
  - C. At least 4 weeks
  - D. At least 6 weeks



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44. Schizoaffective disorder is characterized by a continuous period of illness that includes both schizophrenia symptoms and a prominent \_\_\_\_\_
- A. Mood episode
  - B. Anxiety disorder
  - C. Dissociative episode
  - D. Personality disorder
45. In the context of OCD, individuals with "hoarding disorder" typically exhibit compulsive behaviors related to \_\_\_\_\_
- A. Fear of germs and contamination
  - B. Intrusive thoughts of harm to self or others
  - C. The need for symmetry and order
  - D. Difficulty discarding possessions, regardless of their value
46. In the DSM-IV, the term "hysteria" was not used, but some of its historical components were incorporated into which disorder?
- A. Conversion disorder
  - B. Schizoaffective disorder
  - C. Panic disorder
  - D. Obsessive-compulsive disorder
47. In Dissociative Identity Disorder (DID), the presence of two or more distinct identity states, each with its own pattern of perceiving and interacting with the world, is a hallmark features. What is this phenomenon commonly referred to as \_\_\_\_\_
- A. Co-consciousness
  - B. Co-morbidity
  - C. Co-mingling
  - D. Co-conscious amnesia
48. In clinical psychology, the term "abreaction" refers to \_\_\_\_\_
- A. Rapid mood swings
  - B. Repressed memories resurfacing with strong emotional expression
  - C. Neurological disorders causing involuntary movements
  - D. Lack of emotional responsiveness



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49. In the historical context of hysteria, "la belle indifference" is characterized by \_\_\_\_\_
- A. A lack of concern or distress about physical symptoms that are typically alarming
  - B. Intense preoccupation with one's appearance
  - C. A sudden and dramatic improvement in symptoms after a traumatic event
  - D. Exaggeration of symptoms for secondary gain
50. Which of the following is a characteristic symptom cluster in PTSD, involving recurrent, involuntary, and distressing memories, dreams, or flashbacks related to the traumatic event?
- A. Negative alterations in mood and cognition
  - B. Intrusive symptoms
  - C. Avoidance
  - D. Arousal and reactivity
51. The primary feature that distinguishes adjustment disorder from other mental health disorders is \_\_\_\_\_
- A. The presence of severe and pervasive symptoms
  - B. The duration of symptoms exceeding 6 months
  - C. A clear and identifiable stressor
  - D. The absence of physiological symptoms
52. The schizoid personality disorder is characterized by \_\_\_\_\_
- A. Odd or eccentric behavior and cognitive distortions
  - B. A pervasive pattern of detachment from social relationships and a restricted range of emotional expression
  - C. Chronic and pervasive mistrust of others, leading to interpersonal difficulties
  - D. A disregard for social norms and the rights of others
53. Individuals with Antisocial Personality Disorder may engage in criminal behavior. To meet the criteria for this disorder, the individual must be at least \_\_\_\_\_
- A. 16 years old
  - B. 18 years old
  - C. 21 years old
  - D. 25 years old



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54. The term performance anxiety refers to \_\_\_\_\_
- A. Fear of failing to achieve a sustained erection
  - B. Fear of having sex in a public place
  - C. Fear of criticism from the sexual partner
  - D. Fear of not achieving orgasm
55. Sleep spindles and K-complexes are distinctive features of which stage of sleep?
- A. Stage 1
  - B. Stage 2
  - C. Stage 3
  - D. REM (Rapid Eye Movement) sleep
56. The first occurrence of REM sleep typically happens approximately how many minutes after the onset of sleep?
- A. 10 minutes
  - B. 30 minutes
  - C. 60 minutes
  - D. 90 minutes
57. In Body Dysmorphic Disorder (BDD), the primary focus of concern is typically related to \_\_\_\_\_
- A. Weight gain and body shape
  - B. Height and stature
  - C. Specific physical features perceived as defective or flawed
  - D. Overall physical health and fitness
58. In men, erectile dysfunction is associated with high levels of which of the following?
- A. Testosterone
  - B. Prolactin
  - C. Estrogen
  - D. Prostaglandin
59. Restless Legs Syndrome (RLS) is characterized by \_\_\_\_\_
- A. Involuntary limb movements during sleep
  - B. Intense fear of falling asleep
  - C. An unpleasant urge to move the legs, usually accompanied by discomfort or aching sensations
  - D. Sudden episodes of muscle weakness during wakefulness



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60. Compared to nightmares, sleep terrors are characterized by \_\_\_\_\_
- A. Vivid and frightening dreams
  - B. Easily recalled content upon waking
  - C. The presence of autonomic arousal and intense fear
  - D. Occurrence during REM sleep
61. What distinguishes somniloquy from other parasomnias, such as night terrors or sleepwalking?
- A. The presence of vivid and frightening dreams
  - B. The absence of autonomic arousal and intense fear
  - C. The engagement in complex motor activities during sleep
  - D. Vocalization or speech during sleep without accompanying complex behaviours
62. Which of the following physical complications is commonly associated with Anorexia Nervosa?
- A. Hypertension (high blood pressure)
  - B. Hyperglycemia (high blood sugar)
  - C. Amenorrhea (absence of menstrual periods)
  - D. Increased bone density
63. The diagnosis of Intellectual Disability is typically made when an individual's IQ score falls below \_\_\_\_\_
- A. 70
  - B. 80
  - C. 90
  - D. 100
64. Autism Spectrum Disorder (ASD) is characterized by persistent deficits in \_\_\_\_\_
- A. Motor coordination and gross motor skills
  - B. Social communication and social interaction
  - C. Verbal communication skills only
  - D. Attention and hyperactivity



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65. Stimulant medications, such as methylphenidate (Ritalin) and amphetamine-based medications, are commonly prescribed to individuals with ADHD. These medications primarily act by \_\_\_\_\_
- A. Increasing serotonin levels in the brain
  - B. Enhancing cognitive flexibility and problem-solving skills
  - C. Blocking dopamine reuptake in the brain
  - D. Decreasing norepinephrine release in the central nervous system
66. Conduct Disorder is characterized by persistent patterns of \_\_\_\_\_
- A. Inattentiveness, hyperactivity, and impulsivity
  - B. Social withdrawal and avoidance
  - C. Oppositional and defiant behavior, aggression, and rule violations
  - D. Excessive worrying and fearfulness
67. Individuals with Tic Disorders may experience periods of symptom exacerbation and remission. Which of the following factors can exacerbate tic symptoms?
- A. Engaging in focused, absorbing activities
  - B. Low-stress environments
  - C. Adequate sleep and relaxation
  - D. Emotional stress and anxiety
68. Dialectical Behavior Therapy (DBT) is an evidence-based treatment often used for which disorder, emphasizing skills training in emotion regulation and interpersonal effectiveness?
- A. Bipolar disorder
  - B. Borderline Personality Disorder
  - C. Schizophrenia
  - D. Obsessive-Compulsive Disorder
69. Which defense mechanism is commonly associated with borderline personality disorder and involves viewing people as either all good or all bad, without recognizing their complexity?
- A. Repression
  - B. Splitting
  - C. Regression
  - D. Rationalization



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70. Antipsychotic medications, like clozapine and risperidone, are often prescribed for the treatment of schizophrenia. How do these medications primarily exert their therapeutic effects?
- A. By enhancing the activity of dopamine receptors in the brain
  - B. By inhibiting the release of acetylcholine in the central nervous system
  - C. By blocking dopamine receptors, particularly D2 receptors
  - D. By increasing serotonin levels in the limbic system

